

# 2G3S and Eco Whittlesford present

15 October 2023

A film from the organisation: 'Local Futures'

## PLANET LOCAL: A Quiet Revolution

### Film discussion guide

(abridged)

PLANET LOCAL is about a quiet and transformative revolution emerging worldwide. As people work to protect and restore their local economies, their communities and the natural world, countless diverse initiatives are demonstrating a new path forward for humanity.

It's a path that *localises* rather than globalises, *connects* rather than separates, and shows us that human beings need not be the problem – *we can be the solution*.

It is hoped that reframing the meaning of 'economic growth' can help bridge political divides, and bring together people concerned about the environment with those concerned about jobs and financial security.

### Questions

The film argues that the breakdown of community is a key cause of our worsening social and psychological problems.

*What are some ways we can bring **intergenerational community** back into our own lives? What might be the benefits of doing so?*

Although they are rarely covered by the mainstream media, many grassroots alternatives are emerging.

*Can you identify any of these **localisation initiatives in your community or region**?*

*What local initiatives have **you personally** been involved with? Please **share** with the group. Are there projects that you'd like to start? If so, what are the opportunities and what are the barriers?*

# LOCAL FUTURES' STEPS TO CHANGE:

## 1. RECONNECT

Although there are things we can do as individuals, the most important actions are those taken together with others. Change the 'I' to a 'we' by connecting with a group of like-minded others in your community. Ask yourselves the question: what can we do to support our own wellbeing while also contributing to social and planetary healing?

## 2. RETHINK

'Unlearning' the assumptions that have been drilled into us all is essential. In a small group of like-minded others, watch and discuss films, and read books and articles that challenge conventional assumptions around prosperity, progress, sustainability and more.

## 3. RESIST

Connect with wider movements for social and economic change. In particular, join movements that speak out against free trade, corporate rule and globalisation.

## 4. RENEW

Rebuild the fabric of community and the local economy in your place. There are so many ways to go about this, each with its own joys and challenges. To find a wide range of renewal actions, check out the Localization Action Guide <https://actionguide.localfutures.org>

## 5. REJOICE

Celebrate your achievements, and spread the joy!

Watch and share the film online:

<https://www.localfutures.org/films/planet-local-a-quiet-revolution/>

For a fuller discussion guide, go to

<https://www.localfutures.org/wp-content/uploads/Planet-Local-Discussion-Guide-2022.pdf>

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